



ARE YOU TRYING TO HELP SOMEONE STRUGGLING WITH AN EATING DISORDER ?

Family and Friends Support Group provide a forum to....

- **Meet other carers, close family and friends**
- **Share your experiences, in a confidential environment**
- **Seek support and ask for advice**
- **Build support networks**

When are we meeting ?

- **We meet monthly on the second Wednesday of each month from 5.30pm – 6.30pm**
- **The next meeting will be on Wednesday 10th January 2024**

Where are we meeting ?

- **The Bennion Centre, Glenfield Hospital, LE3 9DZ**
- **You can also join online via MS Teams. Please email us at lpt.adminded@nhs.net or call **0116 225 2557 for a link****

WEB: www.leicestereatingdisorders.co.uk
EMAIL: lpt.adminded@nhs.net
PHONE: 0116 225 2557

to sign up or for more information

**Anyone who has a loved one
under the care of the
Leicestershire Eating
Disorder Service is welcome
to attend. Come and join us,
we are here for you**