



## ARE YOU TRYING TO HELP SOMEONE STRUGGLING WITH AN EATING DISORDER?

Family and Friends Support Group provide a forum to....

- Meet other carers, close family and friends
- Share your experiences, in a confidential environment
- Seek support and ask for advice
- Build support networks

## When are we meeting?

- We meet monthly on the second Wednesday of each month from 5.30pm – 6.30pm
- The next meeting will be on Wednesday 11<sup>th</sup> October 2023

## Where are we meeting?

- The Bennion Centre, Glenfield Hospital, LE3 9DZ
- You can also join online via MS Teams. Please email us at <a href="mailto:lpt.admined@nhs.net">lpt.admined@nhs.net</a> or call 0116 225 2557 for a link

WEB: www.leicestereatingdisorders.co.uk

EMAIL: lpt.admined@nhs.net

PHONE: 0116 225 2557

to sign up or for more information

Anyone who has a loved one under the care of the Leicestershire Eating Disorder Service is welcome to attend. Come and join us, we are here for you

